

**Virgin Mary Dressing**

**Dairy Free, Gluten Free, Vegetarian**

**Serves 6 shot size**

**Difficulty Easy**

**Ingredients**

250 ml tomato juice

a dash of good balsamic dressing

fresh chilli to taste, finally chopped

 2 tsp or lime juice to taste

salt & pepper to taste

**Method**

**For Bloody Mary Dressing**

Reduce tomato juice by half

Blend all ingredients to taste

**Uses**

**Use as a shot base with your favourite protein**

**Use as a soup base and add vegetables, seafood, chicken, or oily fish**

**Serve as a simple summer sauce with grilled fish and vegetables**